Group D & E

Week 1 (16th July 2018) **Theme: Upper Limb**

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
08.30 – 10:30	**Group D:** Physiology SGD – Physiology lab **Group E:** Histology lab	**Group D:** Self-study **Group E:** Physiology SGD – Physiology lab	**Group D:** Self-study **Group E:** Self-study	**Group D:** Anatomy Lab **Group E:** Self-study	**Group D:** Histology lab **Group E:** Anatomy Lab
10.35 – 11.30	**Lecture**: Introduction to locomotor system & fascial compartments **Venue:** Lecture hall 4	**Lecture:** Joints type revisited **Venue:** Lecture hall 4	**Lecture:** Posterior thoraco-appendicular skeleton **Venue:** Lecture hall 4	**Lecture:** Axilla and its contents **Venue:** Lecture hall 4	**Lecture:** Brachial plexus **Venue:** Lecture hall 4
11:35 – 12:35	**Lecture**: Skeletal tissue Morphology **Venue:** Lecture hall 4	**Lecture:** Anterior thoraco-appendicular muscles **Venue:** Lecture hall 4	**Lecture:** Blood supply of the upper limb **Venue:** Lecture hall 4	**Lecture:** Blood supply of upper limb – venous drainage **Venue:** Lecture hall 4	**Lecture:** Pectoral Girdle & Shoulder joint **Venue:** Lecture hall 4
12:40 – 01:10					
01.15 – 03.00	**Group D:** CSL – Block C **Group E:** Embryology tutorial – Histology lab	**Group D:** Biochemistry SGD – Lecture hall 4 **Group E:** CSL – Block C	**Group D:** Pharmacology SGD – Biochemistry lab **Group E:** Biochemistry SGD – Lecture hall 4	**Group D:** Anatomy SGD – Anatomy lab **Group E:** Pharmacology SGD – Biochemistry lab	**Group D:** Embryology tutorial - Histology lab **Group E:** Anatomy SGD – Anatomy lab

CSL: Introduction to the examination of the upper & Lower limbs
Embryology tutorial: Development of the skeletal system
Anatomy Lab: Osteology of the upper limb
Anatomy SGD: Thoraco-appendicular region: Axilla & its contents
Histology lab: Histology of the bone

Year coordinator: Dr. Yar Mohammad Nizamani

Group A, B & C

Week 1 (16th July 2018) **Theme: Upper Limb**

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
08.30 – 10:30	**Group A:** Anatomy lab **Group B:** Self-study **Group C:** Self-study	**Group A:** Histology lab **Group B:** Anatomy lab **Group C:** Self-study	**Group A:** Physiology SGD – Physiology lab **Group B:** Histology lab **Group C:** Anatomy lab	**Group A:** Self-study **Group B:** CSL – block C **Group C:** Histology lab	**Group A:** Self-study **Group B:** Self-study **Group C:** CSL – block C
10.35 – 11.30	**Lecture**: Skeletal tissue Morphology **Venue:** Lecture hall 3	**Lecture:** Anterior thoraco-appendicular muscles **Venue:** Lecture hall 3	**Lecture:** Development of upper & lower limb **Venue:** Lecture hall 3	**Lecture:** Axilla and its contents **Venue:** Lecture hall 3	**Lecture:** Pectoral Girdle & Shoulder joint **Venue:** Lecture hall 3
11:35 – 12:35	**Lecture**: Introduction to locomotor system & fascial compartments **Venue:** Lecture hall 3	**Lecture:** Joints type revisited **Venue:** Lecture hall 3	**Lecture:** Posterior thoraco-appendicular skeleton **Venue:** Lecture hall 3	**Lecture:** Blood supply of the upper limb **Venue:** Lecture hall 3	**Lecture:** Blood supply of upper limb – venous drainage **Venue:** Lecture hall 3
12:40 – 01:10					
01.15 – 03.00	**Group A:** Anatomy SGD – Anatomy lab **Group B:** Pharmacology SGD – Biochemistry lab **Group C:** Biochemistry SGD – Tutorial room IV	**Group A:** Embryology tutorial – Histology lab **Group B:** Anatomy SGD - Anatomy lab **Group C:** Pharmacology SGD – Biochemistry lab	**Group A:** CSL – Block C **Group B:** Embryology tutorial – Histology lab **Group C:** Anatomy SGD – Anatomy lab	**Group A:** Biochemistry SGD – Tutorial room IV **Group B:** Physiology SGD - **Group C:** Embryology tutorial – Histology lab	**Group A:** Pharmacology SGD – Biochemistry lab **Group B:** Biochemistry SGD – Tutorial room IV **Group C:** Self-study

CSL: Introduction to the examination of the upper & Lower limbs
Embryology tutorial: Development of the skeletal system
Anatomy Lab: Osteology of the upper limb
Anatomy SGD: Thoraco-appendicular region: Axilla & its contents
Histology lab: Histology of the bone

Group D & E

Week 2 (23rd July 2018) **Theme: Upper limb**

Day/Time	Monday	Tuesday	Friday	Saturday	Monday (30th July)
08.30 – 10:30	**Group D:** Self-study **Group E:** Histology lab	**Group D:** Self-study **Group E:** Self-study	**Group D:** Self-study **Group E:** Self-study	**Group D:** Anatomy Lab **Group E:** Self-study	**Group D:** Histology lab **Group E:** Anatomy Lab
10.35 – 11.30	**Lecture:** Brachial plexus injuries **Venue:** Lecture hall 4 **Instructor:**	**Lecture:** Muscles of the arm **Venue:** Lecture hall 4 **Instructor:**	**Lecture:** Muscles of forearm and retinacula **Venue:** Lecture hall 4 **Instructor:**	**Lecture:** Muscles of hand **Venue:** Lecture hall 4 **Instructor:**	**Lecture:** Muscles of the hand continued… **Venue:** Lecture hall 4 **Instructor:**
11:35 – 12:35	**Lecture:** Nerve supply of the upper limb **Venue:** Lecture hall 4 **Instructor:**	**Lecture:** Cubital fossa **Venue:** Lecture hall 4 **Instructor:**	**Lecture:** Elbow joint **Venue:** Lecture hall 4 **Instructor:**	**Lecture:** Joints of the forearm **Venue:** Lecture hall 4 **Instructor:**	**Lecture:** Wrist joint & joints of the hand **Venue:** Lecture hall 4 **Instructor:**
12:40 – 01:10					
01.15 – 03.00	**Group D:** CSL – Block C **Group E:** Self-study	**Group D:** Radiological anatomy – Anatomy lab **Group E:** CSL – Block C	**Group D:** Self-study **Group E:** Radiological anatomy – Anatomy lab	**Group D:** Anatomy SGD – Auditorium **Group E:** Self-study	**Group D:** Self-study **Group E:** Anatomy SGD – Biochemistry lab

CSL: Examination technique of the Shoulder, Elbow joint & wrist joint
Anatomy Lab: Osteology of the upper limb
Anatomy SGD: Arm, forearm & Hand
Histology lab: Histology of the muscles
Radiological anatomy: Radiological anatomy of the upper limb

Group A, B & C

Week 2 (23rd July 2018) **Theme: Upper limb**

Day/Time	Monday	Tuesday	Friday	Saturday	Monday (30th July)
08.30 – 10:30	**Group A:** Anatomy lab **Group B:** Self-study **Group C:** Self-study	**Group A:** Histology lab **Group B:** Anatomy lab **Group C:** Self-study	**Group A:** Self-study **Group B:** Histology lab **Group C:** Anatomy lab	**Group A:** Self-study **Group B:** CSL – block C **Group C:** Histology lab	**Group A:** Self-study **Group B:** Self-study **Group C:** CSL – block C
10.35 – 11.30	**Lecture:** Nerve supply of the upper limb **Venue:** Lecture hall 3	**Lecture:** Cubital fossa **Venue:** Lecture hall 3 **Instructor:**	**Lecture:** Elbow joint **Venue:** Lecture hall 3 **Instructor:**	**Lecture:** Joints of the forearm **Venue:** Lecture hall 3	**Lecture:** Wrist joint & joints of the hand **Venue:** Lecture hall 3
11:35 – 12:35	**Lecture:** Brachial plexus **Venue:** Lecture hall 3 **Instructor:**	**Lecture:** Brachial plexus injuries **Venue:** Lecture hall 3	**Lecture:** Muscle of arm **Venue:** Lecture hall 3 **Instructor:**	**Lecture:** Muscles of forearm and retinacula **Venue:** Lecture hall 3	**Lecture:** Muscles of hand **Venue:** Lecture hall 3 **Instructor:**
12:40 – 01:10					
01.15 – 03.00	**Group A:** Anatomy SGD– Lecture hall 3 **Group B:** Self-study **Group C:** Radiological anatomy–Anatomy lab	**Group A:** Self-study **Group B:** Anatomy SGD– Lecture hall 3 **Group C:** Self-study	**Group A:** CSL–Block C **Group B:** Self-study **Group C:** Anatomy SGD– Lecture hall 3	**Group A:** Radiological anatomy–Anatomy lab **Group B:** Self-study **Group C:** Self-study	**Group A:** Self-study **Group B:** Radiological anatomy–Anatomy lab **Group C:** Self-study

CSL: Examination technique of the Shoulder, Elbow joint & wrist joint
Anatomy Lab: Osteology of the upper limb
Anatomy SGD: Arm, forearm & Hand
Histology lab: Histology of the muscles
Radiological anatomy: Radiological anatomy of the upper limb

Timetable
Group D & E

Week 3 (31st July 2018) **Theme: Lower limb**

Day/Time	Tuesday (31st July 2018)	Wednesday	Thursday	Friday	Saturday
08.30 – 10:30	**Group D:** Self-study **Group E:** Self-study	**Group D:** Self-study **Group E:** Self-study	**Group D:** Self-study **Group E:** Self-study	**Group D:** Anatomy Lab **Group E:** Self-study	**Group D:** Self-study **Group E:** Anatomy Lab
10.35 – 11.30	**Lecture:** Anterior and medial compartment muscles of thigh **Venue:** Lecture hall 4 **Instructor:**	**Lecture:** Femoral region **Venue:** Lecture hall 4 **Instructor:**	**Lecture:** Muscles of the Gluteal region **Venue:** Lecture hall 4 **Instructor:**	**Lecture:** Venous drainage of lower limb **Venue:** Lecture hall 4 **Instructor:**	**Lecture:** Fascial compartments of the leg **Venue:** Lecture hall 4 **Instructor:**
11:35 – 12:35	**Lecture:** Superficial structures of the lower limb **Venue:** Lecture hall 4	**Lecture:** Posterior compartment of the thigh **Venue:** Lecture hall 4	**Lecture:** Femoral region – contents and thigh **Venue:** Lecture hall 4	**Lecture:** Hip joint **Venue:** Lecture hall 4 **Instructor:**	**Lecture:** Knee joint **Venue:** Lecture hall 4 **Instructor:**
12:40 – 01:10					
01.15 – 03.00	**Group D:** CSL –Block C **Group E:** Self-study	**Group D:** Self-study **Group E:** CSL – Block C	**Group D:** Embryology SGD –Histology lab **Group E:** Self-study	**Group D:** Anatomy SGD – Anatomy lab **Group E:** Embryology SGD – Histology lab	**Group D:** Self-study **Group E:** Anatomy SGD – Anatomy lab

CSL – Examination of the Back & Hip joint
Anatomy Lab: Osteology of the lower limb
Anatomy SGD: Gluteal and thigh region
Embryology tutorial: Development of the muscular system

Year coordinator: Dr. Yar Mohammad Nizamani

Timetable
Group D & E

Week 3 (30th July 2018) **Theme: Lower limb**

Day/Time	Tuesday (31st July 2018)	Wednesday	Thursday	Friday	Saturday
08.30 – 10:30	**Group A:** Anatomy lab **Group B:** Self-study **Group C:** Self-study	**Group A:** Self-study **Group B:** Anatomy lab **Group C:** Self-study	**Group A:** Self-study **Group B:** Self-study **Group C:** Anatomy lab	**Group A:** Self-study **Group B:** CSL – block C **Group C:** Self-study	**Group A:** Self-study **Group B:** Self-study **Group C:** CSL – block C
10.35 – 11.30	**Lecture:** Superficial structures of the lower limb **Venue:** Lecture hall 3	**Lecture:** Posterior compartment of the thigh **Venue:** Lecture hall 3	**Lecture:** Femoral region – contents and thigh **Venue:** Lecture hall 3	**Lecture:** Hip joint **Venue:** Lecture hall 3	**Lecture:** Knee joint **Venue:** Lecture hall 3
11:35 – 12:35	**Lecture:** Anterior and medial compartment muscles of thigh **Venue:** Lecture hall 3	**Lecture:** Femoral region **Venue:** Lecture hall 3	**Lecture:** Muscles of the Gluteal region **Venue:** Lecture hall 3	**Lecture:** Venous drainage of lower limb **Venue:** Lecture hall 3	**Lecture:** Fascial compartments of the leg **Venue:** Lecture hall 3
12:40 – 01:10					
01.15 – 03.00	**Group A:** Anatomy SGD – Anatomy lab **Group B:** Embryology SGD–Histology lab **Group C:** Self-study	**Group A:** Self-study **Group B:** Anatomy SGD – Anatomy lab **Group C:** Embryology SGD–Histology lab	**Group A:** CSL – Block C **Group B:** Self-study **Group C:** Anatomy SGD – Anatomy lab	**Group A:** Self-study **Group B:** Self-study **Group C:** Self-study	**Group A:** Embryology SGD–Histology lab **Group B:** Self-study **Group C:** Self-study

CSL – Examination of the Back & Hip joint
Anatomy Lab: Osteology of the lower limb
Anatomy SGD: Gluteal and thigh region
Embryology tutorial: Development of the muscular system

Year coordinator: Dr. Yar Mohammad Nizamani

Group D & E

Week 4 (6th August 2018) **Theme: Lower limb**

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
08.30 – 10:30	**Group D:** Self-study **Group E:** Self-study	**Group D:** Self-study **Group E:** Self-study	**Group D:** Self-study **Group E:** Self-study	**Group D:** Anatomy Lab **Group E:** Self-study	**Group D:** Self-study **Group E:** Anatomy Lab
10.35 – 11.30	**Lecture:** Fascial compartments of the leg continued… **Venue:** Lecture hall 4	**Lecture:** Ankle joint **Venue:** Lecture hall 4	**Lecture:** Ankle joint **Venue:** Lecture hall 4	**Lecture:** Joints of the foot **Venue:** Lecture hall 4	**Lecture:** Blood supply of the lower limb **Venue:** Lecture hall 4
11:35 – 12:35	**Lecture:** Popliteal fossa **Venue:** Lecture hall 4	**Lecture:** Muscles of the sole of foot **Venue:** Lecture hall 4	**Lecture:** Arches of the foot **Venue:** Lecture hall 4	**Lecture:** Blood supply of the lower limb **Venue:** Lecture hall 4	**Lecture:** Nerve supply of the lower limb **Venue:** Lecture hall 4
12:40 – 01:10					
01.15 – 03.00	**Group D:** CSL – Block C **Group E:** Self-study	**Group D:** Radiological anatomy – Anatomy lab **Group E:** CSL – Block C	**Group D:** Self-study **Group E:** Radiological anatomy – Anatomy lab	**Group D:** Anatomy SGD – Histology lab **Group E:** Self-study	**Group D:** Self-study **Group E:** Anatomy SGD – Histology lab

CSL: Examination technique of the Knee & Ankle joint
Anatomy Lab: Osteology of the lower limb
Anatomy SGD: Arm, forearm & Hand
Radiological anatomy: Radiological anatomy of the lower limb

Year coordinator: Dr. Yar Mohammad Nizamani

Group A, B & C

Week 4 (6th August 2018) **Theme: Lower limb**

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
08.30 – 10:30	**Group A:** Anatomy lab **Group B:** Self-study **Group C:** Self-study	**Group A:** Self-study **Group B:** Anatomy lab **Group C:** Self-study	**Group A:** Self-study **Group B:** Self-study **Group C:** Anatomy lab	**Group A:** Self-study **Group B:** CSL – block C **Group C:** Self-study	**Group A:** Self-study **Group B:** Self-study **Group C:** CSL – block C
10.35 – 11.30	**Lecture:** Popliteal fossa **Venue:** Lecture hall 3	**Lecture:** Muscles of the sole of foot **Venue:** Lecture hall 3	**Lecture:** Arches of the foot **Venue:** Lecture hall 3	**Lecture:** Blood supply of the lower limb **Venue:** Lecture hall 3	**Lecture:** Nerve supply of the lower limb **Venue:** Lecture hall 3
11:35 – 12:35	**Lecture:** Fascial compartments of the leg continued… **Venue:**	**Lecture:** Ankle joint **Venue:** Lecture hall 3 **Instructor:**	**Lecture:** Ankle joint **Venue:** Lecture hall 3 **Instructor:**	**Lecture:** Joints of the foot **Venue:** Lecture hall 3 **Instructor:**	**Lecture:** Blood supply of the lower limb **Venue:** Lecture hall 3
12:40 – 01:10					
01.15 – 03.00	**Group A:** Anatomy SGD – Histology lab **Group B:** Self-study **Group C:** Radiological anatomy – Anatomy lab	**Group A:** Self-study **Group B:** Anatomy SGD – Histology lab **Group C:** Self-study	**Group A:** CSL – Block C **Group B:** Self-study **Group C:** Anatomy SGD – Histology lab	**Group A:** Radiological anatomy – Anatomy lab **Group B:** Self-study **Group C:** Self-study	**Group A:** Self-study **Group B:** Radiological anatomy– Anatomy lab **Group C:** Self-study

CSL: Examination technique of the Knee & Ankle joint
Anatomy Lab: Osteology of the lower limb
Anatomy SGD: Arm, forearm & Hand
Radiological anatomy: Radiological anatomy of the lower limb

Year coordinator: Dr. Yar Mohammad Nizamani

Timetable
Groups: A, B, C, D & E

Week 5 (13th August 2018)

Exam Week

Day/Time	Monday	Tuesday,	Wednesday	Thursday	Friday	Saturday
08.30 – 09.30	**Students: Study leave** However, students may come to revise the slides.		**Paper 1 – Nephrology/ Urology** **09.00 – 11.00 AM** 100 MCQs • Anatomy = 30 • Physiology = 45 • Biochemistry = 15 • Pharmacology = 10 Total marks = 100		**Paper 2 – Locomotor System** **09.00 – 11.00 AM** 100 MCQs • Upper Limb = 50 • Lower Limb = 50 Total marks = 100	**Integrated Practical Examination** ***Timing needs to be decided due to Third-Year Exam schedule to take place on the same day,**
09.35 – 10.30						
10.35 – 12.30						
01.00 – 03.00						

Year coordinator: Dr. Yar Mohammad Nizamani