



Group D & E

Week 1 (16th July 2018)

Theme: Upper Limb

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
08.30 – 10:30	Group D: Physiology SGD – Physiology lab Group E: Histology lab	Group D: Self-study Group E: Physiology SGD – Physiology lab	Group D: Self-study Group E: Self-study	Group D: Anatomy Lab Group E: Self-study	Group D: Histology lab Group E: Anatomy Lab
10.35 – 11.30	Lecture: Introduction to locomotor system & fascial compartments Venue: Lecture hall 4	Lecture: Joints type revisited Venue: Lecture hall 4	Lecture: Posterior thoraco-appendicular skeleton Venue: Lecture hall 4	Lecture: Axilla and its contents Venue: Lecture hall 4	Lecture: Brachial plexus Venue: Lecture hall 4
11:35 – 12:35	Lecture: Skeletal tissue Morphology Venue: Lecture hall 4	Lecture: Anterior thoraco-appendicular muscles Venue: Lecture hall 4	Lecture: Blood supply of the upper limb Venue: Lecture hall 4	Lecture: Blood supply of upper limb – venous drainage Venue: Lecture hall 4	Lecture: Pectoral Girdle & Shoulder joint Venue: Lecture hall 4
12:40 – 01:10					
01.15 – 03.00	Group D: CSL – Block C Group E: Embryology tutorial – Histology lab	Group D: Biochemistry SGD – Lecture hall 4 Group E: CSL – Block C	Group D: Pharmacology SGD – Biochemistry lab Group E: Biochemistry SGD – Lecture hall 4	Group D: Anatomy SGD – Anatomy lab Group E: Pharmacology SGD – Biochemistry lab	Group D: Embryology tutorial - Histology lab Group E: Anatomy SGD – Anatomy lab

CSL: Introduction to the examination of the upper & Lower limbs

Embryology tutorial: Development of the skeletal system

Anatomy Lab: Osteology of the upper limb

Anatomy SGD: Thoraco-appendicular region: Axilla & its contents

Histology lab: Histology of the bone



Group A, B & C

Week 1 (16th July 2018)

Theme: Upper Limb

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
08.30 – 10:30	Group A: Anatomy lab Group B: Self-study Group C: Self-study	Group A: Histology lab Group B: Anatomy lab Group C: Self-study	Group A: Physiology SGD – Physiology lab Group B: Histology lab Group C: Anatomy lab	Group A: Self-study Group B: CSL – block C Group C: Histology lab	Group A: Self-study Group B: Self-study Group C: CSL – block C
10.35 – 11.30	Lecture: Skeletal tissue Morphology Venue: Lecture hall 3	Lecture: Anterior thoraco-appendicular muscles Venue: Lecture hall 3	Lecture: Development of upper & lower limb Venue: Lecture hall 3	Lecture: Axilla and its contents Venue: Lecture hall 3	Lecture: Pectoral Girdle & Shoulder joint Venue: Lecture hall 3
11:35 – 12:35	Lecture: Introduction to locomotor system & fascial compartments Venue: Lecture hall 3	Lecture: Joints type revisited Venue: Lecture hall 3	Lecture: Posterior thoraco-appendicular skeleton Venue: Lecture hall 3	Lecture: Blood supply of the upper limb Venue: Lecture hall 3	Lecture: Blood supply of upper limb – venous drainage Venue: Lecture hall 3
12:40 – 01:10					
01.15 – 03.00	Group A: Anatomy SGD – Anatomy lab Group B: Pharmacology SGD – Biochemistry lab Group C: Biochemistry SGD – Tutorial room IV	Group A: Embryology tutorial – Histology lab Group B: Anatomy SGD - Anatomy lab Group C: Pharmacology SGD – Biochemistry lab	Group A: CSL – Block C Group B: Embryology tutorial – Histology lab Group C: Anatomy SGD – Anatomy lab	Group A: Biochemistry SGD – Tutorial room IV Group B: Physiology SGD - Group C: Embryology tutorial – Histology lab	Group A: Pharmacology SGD – Biochemistry lab Group B: Biochemistry SGD – Tutorial room IV Group C: Self-study

CSL: Introduction to the examination of the upper & Lower limbs

Embryology tutorial: Development of the skeletal system

Anatomy Lab: Osteology of the upper limb

Anatomy SGD: Thoraco-appendicular region: Axilla & its contents

Histology lab: Histology of the bone



Group D & E

Week 2 (23rd July 2018)

Theme: Upper limb

Day/Time	Monday	Tuesday	Friday	Saturday	Monday (30 th July)
08.30 – 10:30	Group D: Self-study Group E: Histology lab	Group D: Self-study Group E: Self-study	Group D: Self-study Group E: Self-study	Group D: Anatomy Lab Group E: Self-study	Group D: Histology lab Group E: Anatomy Lab
10.35 – 11.30	Lecture: Brachial plexus injuries Venue: Lecture hall 4 Instructor:	Lecture: Muscles of the arm Venue: Lecture hall 4 Instructor:	Lecture: Muscles of forearm and retinacula Venue: Lecture hall 4 Instructor:	Lecture: Muscles of hand Venue: Lecture hall 4 Instructor:	Lecture: Muscles of the hand continued... Venue: Lecture hall 4 Instructor:
11:35 – 12:35	Lecture: Nerve supply of the upper limb Venue: Lecture hall 4 Instructor:	Lecture: Cubital fossa Venue: Lecture hall 4 Instructor:	Lecture: Elbow joint Venue: Lecture hall 4 Instructor:	Lecture: Joints of the forearm Venue: Lecture hall 4 Instructor:	Lecture: Wrist joint & joints of the hand Venue: Lecture hall 4 Instructor:
12:40 – 01:10					
01.15 – 03.00	Group D: CSL – Block C Group E: Self-study	Group D: Radiological anatomy – Anatomy lab Group E: CSL – Block C	Group D: Self-study Group E: Radiological anatomy – Anatomy lab	Group D: Anatomy SGD – Auditorium Group E: Self-study	Group D: Self-study Group E: Anatomy SGD – Biochemistry lab

CSL: Examination technique of the Shoulder, Elbow joint & wrist joint

Anatomy Lab: Osteology of the upper limb

Anatomy SGD: Arm, forearm & Hand

Histology lab: Histology of the muscles

Radiological anatomy: Radiological anatomy of the upper limb



Group A, B & C

Week 2 (23rd July 2018)

Theme: Upper limb

Day/Time	Monday	Tuesday	Friday	Saturday	Monday (30 th July)
08.30 – 10:30	Group A: Anatomy lab Group B: Self-study Group C: Self-study	Group A: Histology lab Group B: Anatomy lab Group C: Self-study	Group A: Self-study Group B: Histology lab Group C: Anatomy lab	Group A: Self-study Group B: CSL – block C Group C: Histology lab	Group A: Self-study Group B: Self-study Group C: CSL – block C
10.35 – 11.30	Lecture: Nerve supply of the upper limb Venue: Lecture hall 3	Lecture: Cubital fossa Venue: Lecture hall 3 Instructor:	Lecture: Elbow joint Venue: Lecture hall 3 Instructor:	Lecture: Joints of the forearm Venue: Lecture hall 3	Lecture: Wrist joint & joints of the hand Venue: Lecture hall 3
11:35 – 12:35	Lecture: Brachial plexus Venue: Lecture hall 3 Instructor:	Lecture: Brachial plexus injuries Venue: Lecture hall 3	Lecture: Muscle of arm Venue: Lecture hall 3 Instructor:	Lecture: Muscles of forearm and retinacula Venue: Lecture hall 3	Lecture: Muscles of hand Venue: Lecture hall 3 Instructor:
12:40 – 01:10					
01.15 – 03.00	Group A: Anatomy SGD–Lecture hall 3 Group B: Self-study Group C: Radiological anatomy–Anatomy lab	Group A: Self-study Group B: Anatomy SGD–Lecture hall 3 Group C: Self-study	Group A: CSL–Block C Group B: Self-study Group C: Anatomy SGD–Lecture hall 3	Group A: Radiological anatomy–Anatomy lab Group B: Self-study Group C: Self-study	Group A: Self-study Group B: Radiological anatomy–Anatomy lab Group C: Self-study

CSL: Examination technique of the Shoulder, Elbow joint & wrist joint

Anatomy Lab: Osteology of the upper limb

Anatomy SGD: Arm, forearm & Hand

Histology lab: Histology of the muscles

Radiological anatomy: Radiological anatomy of the upper limb



**Timetable
Group D & E**

Week 3 (31st July 2018)

Theme: Lower limb

Day/Time	Tuesday (31 st July 2018)	Wednesday	Thursday	Friday	Saturday
08.30 – 10:30	Group D: Self-study Group E: Self-study	Group D: Self-study Group E: Self-study	Group D: Self-study Group E: Self-study	Group D: Anatomy Lab Group E: Self-study	Group D: Self-study Group E: Anatomy Lab
10.35 – 11.30	Lecture: Anterior and medial compartment muscles of thigh Venue: Lecture hall 4 Instructor:	Lecture: Femoral region Venue: Lecture hall 4 Instructor:	Lecture: Muscles of the Gluteal region Venue: Lecture hall 4 Instructor:	Lecture: Venous drainage of lower limb Venue: Lecture hall 4 Instructor:	Lecture: Fascial compartments of the leg Venue: Lecture hall 4 Instructor:
11:35 – 12:35	Lecture: Superficial structures of the lower limb Venue: Lecture hall 4	Lecture: Posterior compartment of the thigh Venue: Lecture hall 4	Lecture: Femoral region – contents and thigh Venue: Lecture hall 4	Lecture: Hip joint Venue: Lecture hall 4 Instructor:	Lecture: Knee joint Venue: Lecture hall 4 Instructor:
12:40 – 01:10					
01.15 – 03.00	Group D: CSL –Block C Group E: Self-study	Group D: Self-study Group E: CSL – Block C	Group D: Embryology SGD –Histology lab Group E: Self-study	Group D: Anatomy SGD – Anatomy lab Group E: Embryology SGD – Histology lab	Group D: Self-study Group E: Anatomy SGD – Anatomy lab

CSL – Examination of the Back & Hip joint

Anatomy Lab: Osteology of the lower limb

Anatomy SGD: Gluteal and thigh region

Embryology tutorial: Development of the muscular system



**Timetable
Group D & E**

Week 3 (30th July 2018)

Theme: Lower limb

Day/Time	Tuesday (31 st July 2018)	Wednesday	Thursday	Friday	Saturday
08.30 – 10:30	Group A: Anatomy lab Group B: Self-study Group C: Self-study	Group A: Self-study Group B: Anatomy lab Group C: Self-study	Group A: Self-study Group B: Self-study Group C: Anatomy lab	Group A: Self-study Group B: CSL – block C Group C: Self-study	Group A: Self-study Group B: Self-study Group C: CSL – block C
10.35 – 11.30	Lecture: Superficial structures of the lower limb Venue: Lecture hall 3	Lecture: Posterior compartment of the thigh Venue: Lecture hall 3	Lecture: Femoral region – contents and thigh Venue: Lecture hall 3	Lecture: Hip joint Venue: Lecture hall 3	Lecture: Knee joint Venue: Lecture hall 3
11:35 – 12:35	Lecture: Anterior and medial compartment muscles of thigh Venue: Lecture hall 3	Lecture: Femoral region Venue: Lecture hall 3	Lecture: Muscles of the Gluteal region Venue: Lecture hall 3	Lecture: Venous drainage of lower limb Venue: Lecture hall 3	Lecture: Fascial compartments of the leg Venue: Lecture hall 3
12:40 – 01:10					
01.15 – 03.00	Group A: Anatomy SGD – Anatomy lab Group B: Embryology SGD–Histology lab Group C: Self-study	Group A: Self-study Group B: Anatomy SGD – Anatomy lab Group C: Embryology SGD–Histology lab	Group A: CSL – Block C Group B: Self-study Group C: Anatomy SGD – Anatomy lab	Group A: Self-study Group B: Self-study Group C: Self-study	Group A: Embryology SGD–Histology lab Group B: Self-study Group C: Self-study

CSL – Examination of the Back & Hip joint

Anatomy Lab: Osteology of the lower limb

Anatomy SGD: Gluteal and thigh region

Embryology tutorial: Development of the muscular system



Group D & E

Week 4 (6th August 2018)

Theme: Lower limb

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
08.30 – 10:30	Group D: Self-study Group E: Self-study	Group D: Self-study Group E: Self-study	Group D: Self-study Group E: Self-study	Group D: Anatomy Lab Group E: Self-study	Group D: Self-study Group E: Anatomy Lab
10.35 – 11.30	Lecture: Fascial compartments of the leg continued... Venue: Lecture hall 4	Lecture: Ankle joint Venue: Lecture hall 4	Lecture: Ankle joint Venue: Lecture hall 4	Lecture: Joints of the foot Venue: Lecture hall 4	Lecture: Blood supply of the lower limb Venue: Lecture hall 4
11.35 – 12:35	Lecture: Popliteal fossa Venue: Lecture hall 4	Lecture: Muscles of the sole of foot Venue: Lecture hall 4	Lecture: Arches of the foot Venue: Lecture hall 4	Lecture: Blood supply of the lower limb Venue: Lecture hall 4	Lecture: Nerve supply of the lower limb Venue: Lecture hall 4
12:40 – 01:10					
01.15 – 03.00	Group D: CSL – Block C Group E: Self-study	Group D: Radiological anatomy – Anatomy lab Group E: CSL – Block C	Group D: Self-study Group E: Radiological anatomy – Anatomy lab	Group D: Anatomy SGD – Histology lab Group E: Self-study	Group D: Self-study Group E: Anatomy SGD – Histology lab

CSL: Examination technique of the Knee & Ankle joint

Anatomy Lab: Osteology of the lower limb

Anatomy SGD: Arm, forearm & Hand

Radiological anatomy: Radiological anatomy of the lower limb



Group A, B & C

Week 4 (6th August 2018)

Theme: Lower limb

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
08.30 – 10:30	Group A: Anatomy lab Group B: Self-study Group C: Self-study	Group A: Self-study Group B: Anatomy lab Group C: Self-study	Group A: Self-study Group B: Self-study Group C: Anatomy lab	Group A: Self-study Group B: CSL – block C Group C: Self-study	Group A: Self-study Group B: Self-study Group C: CSL – block C
10.35 – 11.30	Lecture: Popliteal fossa Venue: Lecture hall 3	Lecture: Muscles of the sole of foot Venue: Lecture hall 3	Lecture: Arches of the foot Venue: Lecture hall 3	Lecture: Blood supply of the lower limb Venue: Lecture hall 3	Lecture: Nerve supply of the lower limb Venue: Lecture hall 3
11:35 – 12:35	Lecture: Fascial compartments of the leg continued... Venue:	Lecture: Ankle joint Venue: Lecture hall 3 Instructor:	Lecture: Ankle joint Venue: Lecture hall 3 Instructor:	Lecture: Joints of the foot Venue: Lecture hall 3 Instructor:	Lecture: Blood supply of the lower limb Venue: Lecture hall 3
12:40 – 01:10					
01.15 – 03.00	Group A: Anatomy SGD – Histology lab Group B: Self-study Group C: Radiological anatomy – Anatomy lab	Group A: Self-study Group B: Anatomy SGD – Histology lab Group C: Self-study	Group A: CSL – Block C Group B: Self-study Group C: Anatomy SGD – Histology lab	Group A: Radiological anatomy – Anatomy lab Group B: Self-study Group C: Self-study	Group A: Self-study Group B: Radiological anatomy – Anatomy lab Group C: Self-study

CSL: Examination technique of the Knee & Ankle joint

Anatomy Lab: Osteology of the lower limb

Anatomy SGD: Arm, forearm & Hand

Radiological anatomy: Radiological anatomy of the lower limb



Timetable
Groups: A, B, C, D & E

Week 5 (13th August 2018)

Exam Week

Day/Time	Monday	Tuesday,	Wednesday	Thursday	Friday	Saturday
08.30 – 09.30	<p>Students: Study leave However, students may come to revise the slides.</p>		<p>Paper 1 – Nephrology/ Urology</p> <p>09.00 – 11.00 AM</p> <p>100 MCQs</p> <ul style="list-style-type: none"> • Anatomy = 30 • Physiology = 45 • Biochemistry = 15 • Pharmacology = 10 <p>Total marks = 100</p>		<p>Paper 2 – Locomotor System</p> <p>09.00 – 11.00 AM</p> <p>100 MCQs</p> <ul style="list-style-type: none"> • Upper Limb = 50 • Lower Limb = 50 <p>Total marks = 100</p>	<p>Integrated Practical Examination</p> <p>*Timing needs to be decided due to Third-Year Exam schedule to take place on the same day,</p>
09.35 – 10.30						
10.35 – 12.30						
01.00 – 03.00						