

Group A, B & C

Week 8 (19th February 2018)

Theme: General Anatomy

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
08.30 – 09.30	Lecture: Anatomical position & planes (A) Venue: N. Auditorium Instructor	Lecture: Classification of bones (A) Venue: N. Auditorium Instructor	Lecture: Characteristics & classification of joints (A) Venue: N. Auditorium Instructor	Lecture: Medical Ethics Venue: N. Auditorium Instructor: Dr. Zoheb Memon	Lecture: Overview of the circulatory system (A) Venue: N. Auditorium Instructor
09.35 – 10.35	Lecture: Anatomical terms related to position & movement (A) Venue: N. Auditorium Instructor	Lecture: Introduction to Medical Genetics (B) Venue: N. Auditorium Instructor	Lecture: Skeletal muscle: parts & Neurovasculature (A) Venue: N. Auditorium Instructor	Lecture: Anatomy of the skin & fascia (A) Venue: N. Auditorium Instructor	Lecture: Overview of the nervous system (A) Venue: N. Auditorium Instructor
10.45 – 12.45	Group A: Anatomy lab I Group B: Directed self-study Group C: Directed self-study	Group A: Directed self-study Group B: Anatomy lab I Group C: Directed self-study	Group A: Directed self-study Group B: Directed self-study Group C: Anatomy lab I	Group A: Directed self-study Group B: Directed self-study Group C: Directed self-study	Group A: Directed self-study Group B: Directed self-study Group C: Directed self-study
12:46 - 01:10	Lunch/ Prayer Break				
01.15 – 03.15	Group A: Physiology SGD – N. Auditorium Group B: Physiology SGD– N. Auditorium Group C: Physiology SGD– N. Auditorium	Group A: Directed self-study Group B: Directed self-study Group C: Anatomy lab II	Group A: Directed self-study Group B: Anatomy lab II Group C: Directed self-study	Group A: Anatomy lab II Group B: Directed self-study Group C: Directed self-study	Group A: Anatomy SGD – T. Room I Group B: Anatomy SGD – tutorial room IV Group C: Anatomy SGD – N. Auditorium

Physiology SGD: Membrane transport I

Anatomy lab I: Body position, Planes & Terms related to position & movement

Anatomy lab II: Skeletal system

Anatomy SGD: To be confirmed...

Group A, B & C

Week 9 (26th February 2018)

Theme: Thoracic Wall & Mediastinum

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
08.30 – 09.30	Lecture: DNA: Synthesis, structure & supercoiling (B) Venue: N. Auditorium Instructor	Lecture: Thoracic cage: Sternum & ribs (A) Venue: N. Auditorium Instructor	Lecture: RNA: Structure & type (B) Venue: N. Auditorium Instructor	Lecture: Medical Ethics Venue: N. Auditorium Instructor: Dr. Zoheb Memon	Lecture: Transcription (B) Venue: N. Auditorium Instructor
09.35 – 10.35	Lecture: Surface anatomy & boundaries of the thorax (A) Venue: N. Auditorium Instructor	Lecture: Thoracic cage: Thoracic vertebrae (A) Venue: N. Auditorium Instructor	Lecture: Thoracic cage: Costal cartilages & joints (A) Venue: N. Auditorium Instructor	Lecture: Contents of intercostal space (A) Venue: N. Auditorium Instructor	Lecture: Mediastinum (A) Venue: N. Auditorium Instructor
10.45 – 12.45	Group A: Anatomy lab I Group B: Directed self-study Group C: Directed self-study	Group A: Directed self-study Group B: Anatomy lab I Group C: Directed self-study	Group A: Directed self-study Group B: Directed self-study Group C: Anatomy lab I	Group A: Directed self-study Group B: Directed self-study Group C: Directed self-study	Group A: Directed self-study Group B: Directed self-study Group C: Directed self-study
12:46 - 01:10	Lunch/ Prayer Break				
01.15 – 03.15	Group A: Anatomy SGD – T. Room I Group B: Biochemistry SGD – T. room IV Group C: Directed self-study	Group A: Group B: Anatomy SGD – T. Room I Group C: Biochemistry SGD – T. room IV	Group A: Directed self-study Group B: Directed self-study Group C: Anatomy SGD – T room I	Group A: Physiology SGD – T- room II Group B: Physiology SGD - T room II Group C: Physiology SGD - T room II	Group A: Biochemistry SGD – T. room I Group B: Directed self-study Group C: Directed self-study

Physiology SGD: Membrane transport II

Anatomy Lab: Osteology of the thoracic cage

Anatomy SGD: Overview of the skeletal muscle; skin & fascia

Group A, B & C

Week 10 (5th March 2018)

Theme: Abdomen

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
08.30 – 09.30	Lecture: Organization of GI tract & Viscera (A) Venue: N. Auditorium Instructor	Lecture: Translation: Protein synthesis (B) Venue: N. Auditorium Instructor	Lecture: Purine synthesis (B) Venue: N. Auditorium Instructor	Lecture: Medical Ethics Venue: N. Auditorium Instructor: Dr. Zoheb Memon	Lecture: Pyrimidine synthesis (B) Venue: N. Auditorium Instructor
09.35 – 10.35	Lecture: Surface anatomy of the abdomen (A) Venue: N. Auditorium Instructor	Lecture: Anterolateral abdominal wall: Muscles (A) Venue: N. Auditorium Instructor	Lecture: Formation of the rectus sheath (A) Venue: N. Auditorium Instructor	Lecture: Posterior abdominal wall & Lumbar vertebrae (A) Venue: N. Auditorium Instructor	Lecture: Overview of the Abdominal cavity & Peritoneum (A) Venue: N. Auditorium Instructor
10.45 – 12.45	Group A: Anatomy lab Group B: Directed self-study Group C: Directed self-study	Group A: Directed self-study Group B: Anatomy lab Group C: Directed self-study	Group A: CSL – Block C Group B: Directed self-study Group C: Anatomy lab	Group A: Directed self-study Group B: CSL – Block C Group C: Directed self-study	Group A: Directed self-study Group B: Directed self-study Group C: CSL – Block C
12:46 - 01:10	Lunch/ Prayer Break				
01.15 – 03.15	Group A: Anatomy SGD – T. room I Group B: Physiology SGD – T. room IV Group C: Directed self-study	Group A: Directed self-study Group B: Anatomy SGD – T. Room I Group C: Physiology SGD – T. Room IV	Group A: Biochemistry SGD – T. Room I Group B: Directed self-study Group C: Anatomy SGD – T. Room IV	Group A: Directed self-study Group B: Biochemistry SGD – T. Room I Group C: Directed self-study	Group A: Physiology SGD – T. Room I Group B: Directed self-study Group C: Biochemistry SGD – T. Room IV

Physiology SGD: Membrane transport

Anatomy Lab: Regions & Quadrants of the abdomen

Anatomy SGD: Overview of the thoracic region

Group A, B & C

Week 11 (12th March 2018)

Theme: Pelvis & Perineum

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
08.30 – 09.30	Lecture: Bony Pelvis (A) Venue: N. Auditorium Instructor	Lecture: Mutations (B) Venue: N. Auditorium Instructor	Lecture: DNA repair (B) Venue: N. Auditorium Instructor	Lecture: Medical Ethics Venue: N. Auditorium Instructor: Dr. Zoheb Memon	Lecture: Medical Genetics Revision (B) Venue: N. Auditorium Instructor
09.35 – 10.35		Lecture: Muscles & Fascia of Pelvis & Perineum (A) Venue: N. Auditorium Instructor	Lecture: Pelvic viscera – Male reproductive tract (A) Venue: N. Auditorium Instructor	Lecture: Pelvic viscera – Female reproductive tract (A) Venue: N. Auditorium Instructor	Lecture: Perineal regions & fossa (A) Venue: N. Auditorium Instructor
10.45 – 12.45	Group A: Anatomy lab Group B: Directed self-study Group C: Directed self-study	Group A: Directed self-study Group B: Anatomy lab Group C: Directed self-study	Group A: CSL – Block C Group B: Directed self-study Group C: Anatomy lab	Group A: Directed self-study Group B: CSL – Block C Group C: Directed self-study	Group A: Directed self-study Group B: Directed self-study Group C: CSL – Block C
12:46 - 01:10	Lunch/ Prayer Break				
01.15 – 03.15	Group A: Anatomy SGD– T. room I Group B: Directed self-study Group C: Directed self-study	Group A: Directed self-study Group B: Anatomy SGD– T. room I Group C: Directed self-study	Group A: Biochemistry SGD – T. room I Group B: Directed self-study Group C: Anatomy SGD– T. room IV	Group A: Directed self-study Group B: Biochemistry SGD– T. room I Group C: Directed self-study	Group A: Directed self-study Group B: Directed self-study Group C: Biochemistry SGD– T. room I

CSL:

Anatomy Lab: Bony pelvis & arrangement of pelvic viscera

Anatomy SGD: Overview of the abdominal region

Group A, B & C

Week 12 (19th March 2018)

Theme: Nervous System & Cranial nerves

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
08.30 – 09.30	Lecture: Skull: Bones of the cranium (A) Venue: N. Auditorium Instructor	Lecture: Skull: Outside the base of the skull (A) Venue: N. Auditorium Instructor	Lecture: The cranial cavity (A) Venue: N. Auditorium Instructor	Lecture: Bones of the face (P) Venue: N. Auditorium Instructor	Public Holiday – 23 rd March 2018
09.35 – 10.35	Lecture: Spinal nerves & cranial nerves (A) Venue: N. Auditorium Instructor	Lecture: Cranial nerve I - IV (A) Venue: N. Auditorium Instructor	Lecture: Trigeminal nerve (A) Venue: N. Auditorium Instructor	Lecture: Cranial nerves VI – XII (A) Venue: N. Auditorium Instructor	
10.45 – 12.45	Group A: Anatomy lab Group B: Anatomy lab Group C: Directed self-study	Group A: CSL – Block C Group B: Directed self-study Group C: Anatomy lab	Group A: Directed self-study Group B: CSL – Block C Group C: Directed self-study	Group A: Directed self-study Group B: Directed self-study Group C: CSL – Block C	
12:46 - 01:10	Lunch/ Prayer Break				
01.15 – 03.15	Group A: Biochemistry SGD– T. room I Group B: Biochemistry SGD– T. room IV Group C: Anatomy SGD– N. Auditorium	Group A: Anatomy SGD– T. room I Group B: Anatomy SGD– T. room I Group C: Directed self-study	Group A: Directed self-study Group B: Directed self-study Group C: Biochemistry SGD – T. room I	Group A: Directed self-study Group B: Directed self-study Group C: Directed self-study	

CSL:

Anatomy Lab: Osteology of the skull

Anatomy SGD: Overview of the pelvis & perineum

Group A, B & C

Week 13 (26th March 2018)

Theme: Head & Neck

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
08.30 – 09.30	Lecture: Posterior triangle of the Neck (A) Venue: N. Auditorium Instructor	Lecture: Anterior triangle of the Neck (A) Venue: N. Auditorium Instructor	Lecture: Mouth, Palate & Nose (A) Venue: N. Auditorium Instructor	Lecture: Medical Ethics Venue: N. Auditorium Instructor: Dr. Zohaib Memon	Lecture: The Orbit & Eyeball (A) Venue: N. Auditorium Instructor
09.35 – 10.35	Lecture: The root of the neck: Muscles, Arteries, Veins & Nerves (A) Venue: N. Auditorium Instructor	Lecture: The Pharynx & Larynx (A) Venue: N. Auditorium Instructor	Lecture: Face & Scalp (A) Venue: N. Auditorium Instructor	Lecture: The Ear (A) Venue: N. Auditorium Instructor	Lecture: The Spine & spinal cord (A) Venue: N. Auditorium Instructor
10.45 – 12.45	Group A: Anatomy lab Group B: Directed self-study Group C: Directed self-study	Group A: Directed self-study Group B: Anatomy lab Group C: Directed self-study	Group A: CSL – Block C Group B: Directed self-study Group C: Anatomy lab	Group A: Directed self-study Group B: CSL – Block C Group C: Directed self-study	Group A: Directed self-study Group B: Directed self-study Group C: CSL – Block C
12:46 - 01:10	Lunch/ Prayer Break				
01.15 – 03.15	Group A: Anatomy SGD – T. Room I Group B: Directed self-study Group C: Directed self-study	Group A: Directed self-study Group B: Anatomy SGD – T. Room IV Group C: Directed self-study	Group A: Directed self-study Group B: Directed self-study Group C: Anatomy SGD – T. Room I	Group A: Physiology SGD– T. Room I Group B: Physiology SGD– T. Room I Group C: Physiology SGD – N. auditorium	Group A: Directed self-study Group B: Directed self-study Group C: Directed self-study

Physiology SGD: Overview of the Autonomic Nervous System

Anatomy Lab: Overview of the Head & Neck

Anatomy SGD: Overview of the Cranial nerves

Group A, B & C

Week 14 (2nd April 2018)

Theme: Locomotor system

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
08.30 – 09.30	Lecture: Overview of the surface anatomy of the upper limb (A) Venue: N. Auditorium	Lecture: Arteries, Veins & Nerves of the upper limb (A) Venue: N. Auditorium	Lecture: Excitation – Contraction coupling of Skeletal Muscle (P) Venue: N. Auditorium	Lecture: Medical Ethics – Revision Venue: N. Auditorium Instructor: Dr. Zoheb Memon	Lecture: Electrical & Mechanical events – Smooth Muscle Contraction (P) Venue: N. Auditorium
09.35 – 10.35	Lecture: Functional anatomy of the Skeletal muscle (P) Venue: N. Auditorium	Lecture: Muscles & Joints of the upper limb (A) Venue: N. Auditorium	Lecture: Overview of the surface anatomy of the lower limb (A) Venue: N. Auditorium	Lecture: Arteries, Veins & Nerves of the lower limb (A) Venue: N. Auditorium	Lecture: Muscles & Joints of the lower limb (A) Venue: N. Auditorium
10.45 – 12.45	Group A: Anatomy lab Group B: Directed self-study Group C: Directed self-study	Group A: Directed self-study Group B: Anatomy lab Group C: Directed self-study	Group A: CSL – Block C Group B: Directed self-study Group C: Anatomy lab	Group A: Directed self-study Group B: CSL – Block C Group C: Directed self-study	Group A: Directed self-study Group B: Directed self-study Group C: CSL – Block C
12:46 - 01:10	Lunch/ Prayer Break				
01.15 – 03.15	Group A: Directed self-study Group B: Directed self-study Group C: Anatomy SGD– T. Room I	Group A: Directed self-study Group B: Directed self-study Group C: Directed self-study	Group A: Directed self-study Group B: Anatomy SGD– T. Room I Group C: Directed self-study	Group A: Physiology SGD– T. Room I Group B: Physiology SGD– T. Room IV Group C: Physiology SGD – N. Auditorium	Group A: Anatomy SGD– T. Room I Group B: Directed self-study Group C: Directed self-study

CSL:

Anatomy Lab: Osteology of the upper & lower limb

Anatomy SGD: Overview of the Head & Neck

Physiology SGD:

Group: A, B, C, D & E

Week 15: (9th April 2018)

Assessment Week

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
08:30 – 10:30	Examination Preparation Leave		Theory paper 1 Anatomy: 80 MCQs Physiology: 20 MCQs Duration: 2 hours	Theory paper 2 Biochemistry: 50 MCQs Medical Ethics: 20 MCQs Duration: 1 hour & 30 minutes	Integrated Practical Examination 25 stations
10:40 – 11:40					
11:45 – 12:45					
12:46 - 01:10					